

# THE TRANSFER MINI BELT (MS014)

## INSTRUCTIONS FOR USE

1. The Transfer Mini Belt is an adjustable padded belt used by one or two carers to help patients to transfer between two positions. Secure webbing handles eliminate the need to hold the patient's clothing.

### 2. Moving up the Bed (used in conjunction with a Glide Sheet)

Place the belt around the patient's waist, fasten the snap buckle and pull the webbing strap to ensure a snug fit. Using an approved technique, use the webbing handles to pull the patient into the desired position.

### 3. Transfer from Sitting to Standing

Place the belt around the patient's waist as described above. Using the most appropriate handle (a choice of vertical and horizontal handles is available to accommodate a range of patient sizes, carer heights, and manoeuvres) one or two carers can then help the patient to achieve a standing position.

**Note:** This manoeuvre should only be carried out when the patient is able to bear weight.

### 4. Walking

Place the belt around the patient's waist as described above. The patient may then be steadied while walking or standing. The patient's arms should be free to use a walking stick or frame.

### 5. Care and Maintenance

The Transfer Mini Belt may be machine washed at up to 71°C. Do not tumble dry. Check regularly for signs of wear, and discontinue use immediately if damage or wear is apparent.

### 6. Technical Specifications

Materials - 100% cotton outer layer, foam interior, webbing handles, plastic buckles.

Dimensions - Adjustable to fit waist 41 cm to 114 cm.

### 7. Note

All transferring and manual handling manoeuvres should be carried out in accordance with recommended and approved techniques, and following a detailed risk assessment.

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