

THE SOFT TURNING DISC

Instructions for Use

1. The Soft Turning Disc (Moving Solutions reference MS099) is a double fabric disc, 38 cm in diameter, filled with semi-rigid foam, and joined at the centre by a removable steel swivel, enabling the disc to spin freely while located in one position. The Soft Turning Disc is used to enable a person to turn while sitting or, in a risk assessed situation, while standing.
2. To enable a person to turn while sitting (e.g. to enter or leave a car seat) the Soft Turning Disc is placed centrally on the car seat. The person sits on the disc and by pushing minimally with feet, should be able to turn through 90° and achieve a forward facing position in the car. To complete the turn in reverse, the person may find it helpful to grasp the car door opening and pull to achieve the desired turn.
3. To achieve a 90° turn while standing, the Soft Turning Disc may be used if the person cannot use a rigid turning disc or other turning device because of discomfort when standing on a hard surface. A risk assessment should precede the manoeuvre, and only personnel who have undergone appropriate training and are confident and experienced should attempt the manoeuvre with the person. The Soft Turning Disc should be placed immediately in front of the seated person, and the feet placed centrally on the disc. The person should be assisted to stand by two carers, maintaining a safe hold on the person at all times, possibly using a handling belt, or using approved technique. When standing safely the person can be turned through 90° by the carers, with the person's feet maintaining their position on the disc. The person can then be helped to sit safely, and the disc removed.
4. Note: All transferring and manual handling manoeuvres should be carried out in accordance with recommended and approved techniques, and following a detailed risk assessment.

Specification

Two discs consisting of a silicone coated polyamide surface on one side, and a cotton drill surface on the opposite side of each disc.

Each disc contains a disc of combustion modified polyethylene foam, giving the completed disc semi-rigid properties.

Each disc is completed with a binding edge of cotton

Each disc has a panel of velcro loops attached to the centre of the silicone coated polyamide surface.

A pair of mirror finish steel discs, joined by a brass rivet, thereby forming a swivel, is joined to the fabric discs using a self-adhesive panel of velcro hooks on each side of the metal assembly.

Care and maintenance

To clean the product, the fabric discs are peeled away from the steel swivel, and the swivel set aside.

Note: **The swivel must be removed and stored before the Soft Turning Disc is cleaned.**

The fabric discs may be machine washed (maximum 71° c)

Do not use bleach

Do not iron

Do not dry clean

Tumble dry on cool setting only

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