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THE MONO GLIDE (Chair) INSTRUCTIONS FOR USE

1. The Mono Glide is a continuous loop of fabric which glides freely in one direction and locks securely if force is applied in the opposite direction. It is used to help patients achieve and maintain a sitting position in a chair or in bed.

2. Achieving and Maintaining a Sitting Position

Place the Mono Glide on the chair with the non-slip PVC material on the chair cushion. Make sure that the 'Moving Solutions' label is uppermost and the right way up, with the top of the label level with the front of the seat cushion. The patient should then be helped to sit as far back on the chair as possible. Using approved manual handling techniques, the patient may then be helped into a comfortable and safe position by sliding back into the chair. The Mono Glide 'lock' will not allow the patient to slide forward in the chair. This manoeuvre may also be used to maintain a sitting position in bed.

3. Care and Maintenance

The Mono Glide may be machine washed at up to 71°C.

Do not use bleach

Do not dry clean

Tumble dry on "cool" setting only

Do not iron

4. Technical Specifications

Size - 450 mm x 400 mm.

Material - Dralon, Polyamide (Silicon-coated on one side), PVC-coated Polyester

5. Note

All transferring and manual handling manoeuvres should be carried out in accordance with recommended and approved techniques, and following a detailed risk assessment.