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THE MONO GLIDE (Bed)

INSTRUCTIONS FOR USE

1. The Mono Glide is a continuous loop of fabric which glides freely in one direction and locks securely if force is applied in the opposite direction. It is used to help patients achieve and maintain a sitting position in bed.

2. Achieving and Maintaining a Sitting Position

Either:

(a) Roll the patient onto the Mono Glide, ensuring that the non-slip PVC material is face down on the surface of the bed. Using an approved technique, the carers may then move the patient into a sitting position by holding the Mono Glide close to the patient's hips and sliding. The Mono Glide 'lock' will not allow the patient to slide down the bed.

or:

(b) Roll the patient onto a small Glide Sheet (eg MS001 Glide Sheet - mini) and sit the patient forward. Place the Mono Glide on the bed as in (a), with the Glide Sheet slightly overlapping the Mono Glide. Using an approved technique the carers may then move the patient back into a sitting position as above. (The Glide Sheet should be removed immediately.)

3. Care and Maintenance

The Mono Glide may be machine washed at up to 71°C.

Do not use bleach

Do not dry clean

Tumble dry on "cool" setting only

Do not iron

Wash coloureds separately.

4. Technical Specifications

Size - 800 mm x 700 mm.

Material - Dralon, Polyamide (Silicon-coated on one side), PVC-coated Polyester

5. Note

All transferring and manual handling manoeuvres should be carried out in accordance with recommended and approved techniques, and following a detailed risk assessment.